

HITA MEMBERSHIP RENEWAL APPLICATION

MEMBER INFORMATION ( For COUPLE Memberships - this address will be used for correspondence)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_ OCCUPATION \_\_\_\_\_

INITIATED IN H.I. TRADITION? \_\_\_\_\_ BY WHOM AND WHEN? \_\_\_\_\_

PARTNER INFORMATION (Fill out ONLY for COUPLE Membership)

NAME (PARTNER) \_\_\_\_\_

WORK PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

OCCUPATION \_\_\_\_\_

INITIATED IN H.I. TRADITION? \_\_\_\_\_ BY WHOM AND WHEN? \_\_\_\_\_

ANNUAL SINGLE MEMBERSHIPS

- \$100 Single HITA Membership
- \$55 Single HITA Membership for Himalayan Institute Life Members

ANNUAL COUPLE MEMBERSHIPS

- \$155 Couple HITA Membership (Both partners are teachers)
- \$115 Single HITA Membership plus partner's Himalayan Institute Membership

Foreign Mailing Rate (Please Check One):

- \$9 Canada and Mexico (Air Mail)
- \$17 All Other Countries (Air Mail)

Also enclosed is my voluntary contribution to the Institute's on-going projects. \$ \_\_\_\_\_  
(Note: Some employers offer a gift-matching program for donations. Please check with employer directly.)

Total Amount: \$ \_\_\_\_\_

Payment Type:  Check  Mastercard  Visa

Check Number \_\_\_\_\_ Date \_\_\_\_\_ Amount \_\_\_\_\_

Credit Card #    Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

NOTE: A completed CONTINUING EDUCATION form MUST be enclosed with this HITA membership renewal.

MAIL TO: Himalayan Institute Contact Center 630 Main Street, Suite 325, Honesdale, PA 18431  
REACH US BY PHONE: 1-800-822-4547 Menu #2.

Payment processed by:  Contact Center  Reception  Satellite Center

Employee Initials \_\_\_\_\_ Date Processed \_\_\_\_\_



## Continuing Education Requirements for Membership Renewal and Certification

Membership Status:

- Teacher Currently in Training      Year Trained: \_\_\_\_\_
- HITA Certified Yoga Teacher
- Certified with another 200-hour school, HITA Member

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
(Complete the front and back of this form)

Through continuing education HITA encourages ongoing personal development to ensure the highest-quality instruction by HITA teachers. In order to be certified, the following Annual minimum requirements must be fulfilled:

1. At least 30 hours of teaching
2. Continuing Education:
  - a. Attend one or more classes/seminars offered by the Himalayan Institute
  - b. Attend at least one continuing education seminar, retreat, or 6 week yoga class.
3. Maintain an ongoing personal practice

**NOTE:** To keep your records and certification current, this form must be completed thoroughly and returned with your Membership Renewal Form and dues. If for some reason you were unable to meet the requirements in sections 1, 2, or 3, please provide a brief explanation in that space.

### 1. Teaching

List the yoga classes you have taught during the past year.

Date & Location	Course Content/Level of Instruction	Number of Students
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Total number of hours teaching yoga in the past year: \_\_\_\_\_

## 2. Continuing Education

List the yoga classes, workshops, seminars, lectures, etc, that you have attended during the past year. Include instructor.

Date & Location	Name & Brief Description of Course	Instructor
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## 3. Personal Yoga Practice

Briefly summarize the content and regularity of your own personal yoga practice. Include any retreats or special practices.

Please mail this form with your Membership Renewal Form and dues to:  
Himalayan Institute Contact Center, 630 Main Street, Suite 325, Honesdale, PA 18431

HITA Membership benefits include:

- Tuition free continuing education seminars
- Online Newsletter
- Eligibility for professional and liability insurance
- One-year complimentary subscription to *Yoga Plus* magazine
- 10% discount on Himalayan Institute books and products
- Access to online teaching tools
- Fellowship and professional relationships with other HITA members
- Membership in the Himalayan Institute with the benefit of reduced rates on selected seminars and programs at its international headquarters in Honesdale, Pennsylvania.